

16 January 2026

Over the next few weeks, I will be sharing material from “**Reconcilable Differences Connecting is a Disconnected World**”, written by Dawna Markova, Ph.D. and Angie McArthur.

Why? It’s a discovery, its content excites me, and I believe it speaks to us all.

ONE CHOOSES. Do you have a difference with another, or an opportunity to learn?

“Have you ever found yourself “at odds” with someone you care about? Reconciling the difference between you and someone you care about requires a leap into the unknown. It’s like the adventure of exploring a foreign country where you don’t understand the culture or the language. The roads you travel may seem to be wrong turns or dead ends.”

The theme is set. The journey begins.

CARDINAL RULES OF RECONCILING DIFFERENCES

1. You can’t change the other person - even for his or her own good. You can, however, grow your capacity to relate to them, to dig in with them.
2. You can’t *make* them love, respect or even like you, unconditionally or any other way. You can, however, find a way to respect yourself and how you are relating to the other, no matter what.
3. You can prove to the other person that your perspective needs and way of doing things are right or better than his or hers. You can, however, grow your ability to recognise, accept and value each of your differences