

“If you want to know what matters to you. Look at who you envy, and why”

Extracted from Love - as in HOW TO BE LOVE(D), a book by Humble the Poet (aka Kanwer Singh), a Canadian-born artist, rapper, spoken-word poet and author

The book is the work of questions and a questioner, Love, he says: *"If we dig to the root reason of why we do anything in our lives, IT'S BECAUSE OF LOVE (capitals, mine).*

Of his book, he says, *"This book wasn't a labour OF love, but a reminder that it is a labour TO love."*