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*“Real Love isn’t about honouring what’s perfect, it’s embracing all that’s imperfect.”*

Perfection is the enemy of love

*“Focusing on progress instead of perfection is sustainable, and also gives us opportunities to go deeper with the love we have.”*

A change of thinking on this issue. Love - as in HOW TO BE LOVE(D), a book by Humble the Poet (aka Kanwer Singh), a Canadian-born artist, rapper, spoken-word poet and author

The book is the work of questions and a questioner, Love, he says: *“If we dig to the root reason of why we do anything in our lives, IT’S BECAUSE OF LOVE (capitals, mine).*

Of his book, he says, *“This book wasn’t a labour OF love, but a reminder that it is a labour TO love.”*