

TOPIC OF THE WEEK

DEEPEST QUESTIONS ABOUT LIFE

Here are **10 of the deepest questions about life**—questions that don't necessarily have final answers, but can change how we see everything. Do you agree? Have some to add/delete?

1. **Why is there something rather than nothing?**
Why does existence exist at all?
2. **Who am I, beneath everything I have been told I am?**
Am I my body, my memories, my behaviour, my relationships—or something deeper?
3. **What makes a life meaningful?**
Is meaning something we discover, something we create, or something we receive from others?
4. **Are we truly free to choose?**
How much of what we call choice is shaped by biology, history, circumstance, and other people?
5. **What does it mean to be conscious?**
Why is there an inner experience of being *me* rather than simply a functioning organism?
6. **What do we owe one another?**
Where does responsibility for another person's life begin—and where does it end?
7. **Can we ever really know another person?**
Or do we always encounter others through our own interpretations of them?
8. **What is love?**
Is it an emotion, a choice, a relationship, a form of knowledge—or a way of being?
9. **Why do we fear death?**
Is it death itself we fear, the loss of everything we love, the unknown, or the disappearance of the self?
10. **How should we live, knowing that we will die?**
If our time is finite, what deserves our attention—and what does not?

And perhaps underneath all ten is an even more unsettling question:

11. **What question are we not asking because we are afraid of the answer?**

SOURCE: ChatGPT